	Monday	Tuesday	Wednesday	Thursday	Friday
	29/08/2022	30/08/2022	31/08/2022	01/09/2022	02/09/2022
Α	/	/	/	Rice w/ Steamed Chicken Leg with Ginger and Salt	Rice w/ Lemongrass Pork Chop
В	/	/	/	Rice w/ Steamed Trio Eggs (Normal/Salted/Preserved)	Rice w/ Chinese Marinated Chicken Wings
С	/	/	/	Yangzhou Fried Rice	Rice w/ Chicken in Portuguese Sauce
D	/	/	/	Rice w/ Braised Hairy Gourds, Potato & Dried Tofu	Rice w/ Assorted Vegetables in Ginger Sauce
Soup of the Day	/	/	/	Kelp & Tofu Miso Soup	Spareribs Soup w/ Pumpkin & Chestnuts
	05/09/2022	06/09/2022	07/09/2022	08/09/2022	09/09/2022
Α	Rice w/ Braised Chicken, Chinese Yam & Chinese Wolfberry	Rice w/ Swiss Chicken Leg	Rice w/ Peking Pork Chops	Rice w/ Steamed Spareribs & Preserved Vegetables	Rice w/ Fish Fillets in Sweet Corn Sauce
В	Rice w/ Fried Radish & Fish Fillets	Rice w/ Steamed Spareribs & Dried Whitebait	Rice w/ Steamed Chicken, Cordyceps Flower & Black Fungus	Rice w/ Teriyaki Beef	Rice w/ Salt & Pepper Pork Chop
С	Spaghetti w/ Curry Pork Chop	Baked Rice w/ Fish Fillets in White Sauce	Spaghetti w/ Chicken Fillet in Black Pepper Sauce	Rice w/ Chinese Marinated Chicken Wings, Smoked Savary Red Sausage & Safted Egg	Rice w/ Beef in Spicy Sauce
D	Rice w/ Braised Lily Buds, Black Fungus & Shiitake Mushrooms	Rice w/ Bitter Gourd & Tofu in Black Bean Sauce	Rice w/ Buddha's Delight in Red Fermented Bean Curd Sauce	Rice w/ Braised Hairy Gourds, Potato & Tofu Puffs	Rice w/ Fried Dried Tofu, Assorted Mushrooms & Celery
Soup of the Day	Sliced Pork Soup w/ Hairy Gourd & Salted Eggs	Chicken Feet & Spareribs Soup w/ Black Bean	Pork Bones Soup w/ Old Cucumbers & Snow Fungus	Sugar Cane, Imperatae & Water Chestnut Soup	Pork Bones Soup w/ Papaya & Snow Fungus
	12/09/2022	13/09/2022	14/09/2022	15/09/2022	16/09/2022
Α	Rice w/ Beef Brisket & Radish in Chu Hou Sauce	Rice w/ Stir-Fried Beef w/ Bean Sprouts, Spring Onion & Ginger	Rice w/ Curry Beef Brisket in Japanese Style	Rice w/ Curry Pork Chop	Rice w/ Roasted Chicken Wings in Spicy Sauce
В	Rice w/ Pork Ribs in Honey Sauce	Rice w/ Lemongrass Chicken Wings	Rice w/ Chicken in Creamy Corn Sauce	Rice w/ Satay Chicken in Malaysian Style	Rice w/ Braised Pork Belly
С	Rice w/ Braised Chestnuts & Chicken	Braised E-Fu Noodle	Rice w/ Braised Sliced Park & Preserved Vegetables + Salted Egg	Stir-Fried Spaghetti w/ Swiss Sauce Beef	Fried Rice Vermicelli in Xiamen Style
D	Rice w/ Fried Assorted Mushrooms w/ Black Pepper	Vermicelli w/ Baby Cabbages & Shiitake Mushrooms	Rice w/ Braised Chilli Pepper, Black Fungus & Dried Tofu	Rice w/ Braised Pumpkin, Potato & Seitan Pork	Rice w/ Braised Chestnuts, Taro & Dried Tofu
Soup of the Day	Minced Pork Soup w/ Seaweed & Tofu	Chicken Soup w/ Coconut & Sweet Dates	Pork Bones Soup w/ Chayote & Dried Octopus	Pork Bones Soup w/ Winter Melon, Pearl Barley & Sweet Dates	Pork Bones Soup w/ Kudzu & Lentil
	19/09/2022	20/09/2022	21/09/2022	22/09/2022	23/09/2022
Α	Rice w/ Bitter Gourd & Beef in Black Bean Sauce	Rice w/ Steamed Minced Meat w/ Salted Egg	Rice w/ Spicy Chicken	Rice w/ Pork & Pineapples in Sweet & Sour Sauce	Rice w/ Fried Radish & Fish Fillets
В	Rice w/ Chicken w/ Sand Ginger Powder	Rice w/ Fish Fillets in Sweet Corn Sauce	Rice w/ Steamed Beef & Preserved Vegetables	Rice w/ Stir-Fried Beef w/ Bean Sprouts, Spring Onion & Ginger	Rice w/ Lemongrass Pork Chop
С	Baked Spaghetti w/ Chicken Chop in Black Truffle Sauce	Spaghetti w/ Herb-Roasted Chicken Chop	Spaghetti w/ Pork Patties & Sausages in Onion Sauce	Rice w/ Minced Pork & Eggplants	Rice Vermicelli in Singapore Style
D	Rice w/ Braised Taro & Mushrooms	Rice w/ Braised Celery, Pickled Vegetable & Dried Tofu	Rice w/ Lotus Root & Dried Tofu in Red Fermented Bean Curd Sauce	Rice w/ Buddha's Delight in Red Fermented Bean Curd Sauce	Rice w/ Braised Shiitake Mushrooms, Chestnuts & Potatoes
Soup of the Day	Minced Pork Soup w/ Tomatoes & Potatoes	Park Bones Soup w/ Monk Fruit & Dried White Cabbage	Pork Bones Soup w/ Pak Choi & Night Blooming Cereus	Sliced Pork Soup w/ Mustard Greens & Tofu	Pork Bones Soup w/ Monk Fruit & Watercress
	26/09/2022	27/09/2022	28/09/2022	29/09/2022	30/09/2022
Α	Rice w/ Chicken in Chili Oil Sauce	Rice w/ Pork Ribs in Honey Sauce	Rice w/ Roast Chicken Chop in Korean Style	Rice w/ Sliced Pork in in Chili Sauce	Rice w/ Chicken in White Sauce
В	Rice w/ Pumpkins & Spareribs in Black Bean Sauce	Rice w/ Lemongrass Chicken Wings	Rice w/ Bitter Gourd & Beef in Black Bean Sauce	Rice w/ Fish Fillets in Sweet Corn Sauce	Rice w/ Curry Pork Chop
С	Rice w/ Stir-Fried Beef, Fresh Mushrooms & Celery	Rice w/ Minced Meat & Dried Scallops Steamed Egg	Rice w/ Steamed Spareribs & Black Fungus	Rice w/ Chicken in Portuguese Sauce	Stir-Fried Rice w/ Minced Pork & Olive Pickles
D	Rice w/ Braised Black Fungus, Shiitake Mushrooms & Potatoes	Rice w/ Lotus Root & Dried Tofu in Red Fermented Bean Curd Sauce	Rice w/ Fried Cucumber & Black Fungus w/ Dried Tofu	Rice w/ Stir-Fried Beef, Fresh Mushrooms & Celery	Rice w/ Dried Shiilake Mushrooms & Yam Bean in Hairy Gourd Rings
Soup of the Day	Sliced Pork Soup w/ Dried Cabbage & Tofu	Chicken Soup w/ Coconut & Sweet Dates	Minced Pork Soup w/ Tomatoes & Potatoes	Pork Bones Soup w/ Old Cucumbers & Rice Beans	Chicken Feet Soup w/ Peanuts & Black-Eyed Peas