

Monday		Tuesday		Wednesday		Thursday		Friday	
03/01/2022		04/01/2022		05/01/2022		06/01/2022		07/01/2022	
A	Rice w/ Braised Chicken, Chinese Yam & Chinese Wolfberry	Rice w/ Swiss Chicken Leg		Rice w/ Steamed Beef & Preserved Vegetables		Rice w/ Sliced Pork in Black Pepper Sauce		Rice w/ Eggplants & Beef in Spicy Sauce	
B	Rice w/ Fried Radish & Fish Fillets	Rice w/ Steamed Spareribs & Dried Whitebait		Rice w/ Peking Pork Chops		Rice w/ Steamed Trio Eggs (Normal/ Salted/ Preserved)		Rice w/ Salt & Pepper Pork Chop	
C	Rice w/ Beef in Spicy Sauce	Rice w/ Curry Fish Fillets		Baked Spaghetti w/ Chicken Chop in Black Pepper Sauce		Rice w/ Teriyaki Beef		Rice w/ Roasted Chicken Drumsticks	
D	Rice w/ Steamed Black Fungus, Lily Buds & Shredded Shiitake Mushrooms	Rice w/ Bitter Gourd & Tofu in Black Bean Sauce		Rice w/ Buddha's Delight in Red Fermented Bean Curd Sauce		Rice w/ Braised Hairy Gourds, Potato & Dried Tofu		Rice w/ Fried Dried Tofu, Assorted Mushrooms & Celery	
Soup of the Day	Sliced Pork Soup w/ Hairy Gourd & Salted Eggs	Chicken Feet & Spareribs Soup w/ Black Bean		Pork Bones Soup w/ Old Cucumbers & Snow Fungus		Sugar Cane, Imperatae & Water Chestnut Soup		Pork Bones Soup w/ Papaya & Snow Fungus	
10/01/2022		11/01/2022		12/01/2022		13/01/2022		14/01/2022	
A	Rice w/ Satay Beef	Rice w/ Braised Sliced Pork & Preserved Vegetables		Rice w/ Chicken Leg w/ Sand Ginger Powder		Rice w/ Chicken in Chili Oil Sauce		Rice w/ Roasted Chicken Wings in Spicy Sauce	
B	Rice w/ Steamed Minced Meat w/ Salted Egg	Rice w/ Chicken Wings in Honey & Garlic Sauce		Rice w/ Shredded Chicken & String Beans in Shrimp Paste		Rice w/ Imitation Crab Sticks Steamed Egg		Rice w/ Beef Brisket & Radish in Chu Hou Sauce	
C	Rice w/ Braised Chicken & Chestnuts	Braised E-Fu Noodle		Baked Spaghetti w/ Pork Chop in Black Pepper Sauce		Stir-Fried Udon w/ Swiss Sauce Beef		Rice w/ Steamed Trio Eggs (Normal/ Salted/ Preserved)	
D	Rice w/ Assorted Vegetables in Borscht Sauce	Vermicelli w/ Baby Cabbages & Shiitake Mushrooms		Rice w/ Braised Chili Pepper, Black Fungus & Dried Tofu		Rice w/ Braised Seitan Meat, Pumpkin & Potato		Rice w/ Braised Chestnuts, Taro & Dried Tofu	
Soup of the Day	Minced Pork Soup w/ Seaweed & Tofu	Pork Bones Soup w/ Winter Melon, Pearl Barley & Sweet Dates		Pork Bones Soup w/ Chayote & Dried Octopus		Chicken Soup w/ Coconut & Sweet Dates		Pork Bones Soup w/ Rice Beans & Lentil	
17/01/2022		18/01/2022		19/01/2022		20/01/2022		21/01/2022	
A	Rice w/ Steamed Spareribs & Black Fungus	Rice w/ Braised Sliced Pork & Preserved Vegetables		Rice w/ Spicy Chicken		Rice w/ Pork Fillets w/ Pineapple in Sweet & Sour Sauce		Rice w/ Chicken Fillet in Black Pepper Sauce	
B	Rice w/ Chicken w/ Sand Ginger Powder	Rice w/ Fish Fillets in Fresh Tomato Sauce		Rice w/ Bitter Gourd & Beef in Black Bean Sauce		Rice w/ Stir-Fried Beef w/ Bean Sprouts, Spring Onion & Ginger		Fried Taro w/ Diced Pork	
C	Baked Spaghetti w/ Chicken Fillet in Onion Sauce	Rice w/ Steamed Chicken & Black Fungus		Braised E-Fu Noodle		Rice w/ Minced Pork & Eggplants		Rice Vermicelli in Singapore Style	
D	Rice w/ Braised Taro & Dried Tofu in Red Fermented Bean Curd Sauce	Rice w/ Braised Celery, Pickled Vegetable & Dried Tofu		Rice w/ Assorted Vegetables in Portuguese Sauce		Rice w/ Braised Eggplants & Potatoes		Rice w/ Braised Chestnuts, Shiitake Mushrooms & Potatoes	
Soup of the Day	Seaweed Soup w/ Tomato & Egg	Minced Pork Soup w/ Tomatoes & Potatoes		Pork Bones Soup w/ Monk Fruit & Watercress		Spareribs Soup w/ Papaya & Snow Fungus		Pork Bones Soup w/ Pak Choi & Night Blooming Cereus	
24/01/2022		25/01/2022		26/01/2022		27/01/2022		28/01/2022	
A	Rice w/ Chicken in Chili Oil Sauce	Rice w/ Pork Ribs in Honey Sauce		Rice w/ Chicken Chop in Korean Style		Rice w/ Sliced Pork in in Chili Sauce		Rice w/ Lemongrass Pork Chop	
B	Rice w/ Steamed Spareribs & Pumpkins in Black Bean Sauce	Rice w/ Minced Meat & Dried Scallops Steamed Egg		Rice w/ Bitter Gourd & Beef in Black Bean Sauce		Rice w/ Fish Fillets in Sweet Corn Sauce		Rice w/ Chicken w/ Sand Ginger Powder	
C	Rice w/ Stir-Fried Beef, Fresh Mushrooms & Celery	Stir-Fried Spaghetti w/ Enoki Mushroom & Beef		Rice w/ Steamed Spareribs & Black Fungus		Rice w/ Chicken in Portuguese Sauce		Stir-Fried Spaghetti w/ Beef in Swiss Sauce	
D	Rice w/ Braised Taro & Mushrooms	Rice w/ Lotus Root & Dried Tofu in Red Fermented Bean Curd Sauce		Rice w/ Fried Cucumber & Black Fungus w/ Dried Tofu		Braised Black Fungus, Shiitake Mushrooms & Potatoes		Rice w/ Assorted Vegetables in Ginger Sauce	
Soup of the Day	Sliced Pork Soup w/ Dried Cabbage & Tofu	Chinese Prayer-Beads Pork Soup w/ Jujube		Pork Bones Soup w/ Dried Octopus, Peanuts & Papaya		Pork Bones Soup w/ Old Cucumbers & Rice Beans		Chicken Soup w/ Coconut & Sweet Dates	
31/01/2022		01/02/2022		02/02/2022		03/02/2022		04/02/2022	
A	Rice w/ Chicken in White Sauce	/		/		/		/	
B	Rice w/ Pork Chop in Curry Sauce	/		/		/		/	
C	Rice w/ Beef & Celery	/		/		/		/	
D	Rice w/ Shiitake Mushrooms & Yam Bean in Gourd Ring	/		/		/		/	
Soup of the Day	Minced Pork Soup w/ Tomatoes & Potatoes	/		/		/		/	